**Green Society Public School**

**D-**

**Ratnanagar-7, Sauraha, Chitwan**

**Second Terminal Examination-2082**

**Class: Five Time: 1 hr. F.M.: 25**

**Sub: HPCA**

**1. Very short questions. [5×1=5]**

(a) Why should we not clean our ears with sharp objects?

(b) What is drill?

(c) Define mural art.

(d) Mention the names of any two yogasans.

(e) What type of clay is suitable for Claywork?

**2. Short question answers. [6×2=12]**

(a) Mention any two adverse impacts of malnourished foods on human health.

(b) Mention the three steps of drill.

(c) Differentiate between short distance running and long-distance running.

(d) Mention any two points to show the importance of meditation.

(e) Mention the steps of mural art.

(f) List any four methods for purification of water.

**3. Long questions. [2×4=8]**

(a) " Reusing, reducing and recycling waste play a vital role in environmental Sanitation". Justify this statement.

(b) Explain the Importance of Yogasana in a brief paragraph.

**The End**